

Step One Prayer

... to experience powerlessness.

Please God, bring me into this process and give me a new experience of powerlessness and unmanageability, as well as of Your Power and Spirit.

Make it clear that I am fundamentally flawed in body and mind, as well as blocked spiritually. Also, please reveal that You are willing and will do for me what I can't do for myself. I want to surrender to You and this process. But I can't on my own power. You have taken me to a place of willingness and I have been given the willingness to be taken.

This is a gentle but definite process of awakening and awareness. I am willing to be led by Your Spirit – to have Truth revealed about me and about You.

The requirement for this spiritual evolution is complete, unqualified surrender of my self (ego) to You. On my own power this cannot happen. My self (ego) cannot submit. There is a quiet, gentle place where my willingness and Your Grace meet. I am willing to surrender and pray that You take me to that place.

Herb K.