

Assignment #1 of 4: Step Two Spiritual Terms Exercise

The Big Book says on page 47:1: “Do not let any prejudice you may have against spiritual terms deter you from honestly asking yourself what they mean to you. At the start, this was all we needed to commence spiritual growth, to effect our first conscious relation with God as we understood Him.” Please pray and meditate on what each of the following Big Book terms mean to you and in the right column write out your description of the ultimate “Higher Poweredness” aspects of each of the following:

Our Fellowship of Alcoholics Anonymous (xiii, 94:2, 96:1, 159:1, 162:2, 164:3); Brotherhood of Man (11:2)	
High Finance (4:1) or “The Almighty Dollar/Big Business” - **this is not referring to a Higher Power**	How did the mind make this into a false higher power for you?
A Power greater than myself; Power; A Higher Power; Power of God; God’s Power; God (many references)	
Christ (11:1)	
Devil (11:2) - **this is not referring to a Higher Power**	How did the mind make this into a false higher power for you?
Boss Universal (11:2); Universal Mind (12:1); Czar of the Heavens (12:1); Spirit of the Universe (10:3,46:2,52:3,75:2)	
Spirit of Nature (12:1)	
new-found Friend (13:2)	
God-consciousness within (13:4); unsuspected inner resource (56:8); The Great Reality deep down within us (55:3)	
Our Creator; His Creator; Our Maker; All Powerful Creator; Creative Intelligence; A living Creator; My Creator (many)	
The grace of God (25:0)	
A Supreme Being (46:0)	
Realm of the Spirit (46:2,)	
Guiding (49:0)	
God-Sufficiency (52:4)	
The New Land (53:3); The Broad Highway (55:4, 75:2); Utopia (61:2)	
Bridge of Reason (53:3) Reason (53:3); The God of Reason (54:0) - **these are not referring to a Higher Power**	How did the mind make this into a false higher power for you?
Infinite Power & Love (56:4)	
Our Director (62:3)	
The Principal (62:3)	
The Father (62:3); Father of Light (14:1)	
A new Employer (63:1)	
God’s Love (63:2)	
God’s Way of life (63:2)	
The sunlight of the Spirit (66:1)	
King Alcohol (151:2) - **this is not referring to a Higher Power**	How did the mind make this into a false higher power for you?

1) On a separate piece of paper write everything you have written above (do not include false higher power references) in one long paragraph. This is your concept of God, if you must have one. 2) Pick your favorite term for God that is most meaningful to you (from this list or from anywhere else).