

Step 3 - As outlined in a flyer from Dr. Bob's house.

(This is the written outline - more specific 'action' instructions are provided when visiting in person.)

(REVIEW)

* (Step One) - Yes or No:

Have you learned and have you fully conceded to your innermost self that you are an alcoholic?

* (Step Two) - Yes or No:

Do you believe, or are you even willing to believe. that there is a power greater than you?

* (Step Three) - Yes or No:

(a) Are you convinced about steps one and two?

(b) Are you convinced that any life run on self-will can hardly be a success?

(c) Are you convinced that your troubles are basically of your own making, and that they arise out of you and that you are an extreme example of self will run riot?

(d) Are you convinced that you must be rid of this selfishness?

(e) Are you convinced that your selfishness is killing you?

(f) Are you convinced that there is often no way of entirely getting rid of self without a higher power's aid?

(g) Are you convinced that you have to have a higher power's help?

(h) Are you convinced that you have to quit playing the role of a higher power - that it never worked?

(i) Are you convinced that a higher power is going to be your director, principle, father and employer?

(j) Are you convinced that you have thought well about taking this step?

(k) Are you convinced that you can at last abandon yourself utterly to a higher power?

Are You Ready To Take Step Three?

Step Three Prayer:

God I offer myself to Thee - to build with me and do with me as Thou wilt. Relieve me of the bondage of self that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy power, Thy love, and Thy way of life. May I do Thy will always!