

### 3<sup>rd</sup> Step Prayer Exercise

“God I offer myself to thee - to build with me and to do with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love and Thy way of Life. May I do Thy Will always!”

**What does this look like?**

**Write out a Vision of each part of this prayer – BE SPECIFIC!!!**

1. **God:[Who is your God? Describe His attributes]**

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2. **I offer myself: [what parts of yourself and your life? Be specific!] -**

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3. **To build with me and to do with me and to do with me as Thou wilt. [Build how?]**

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4. **[Do what with you? What do you think God is trying to do with you?]**

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5. **Relieve me of the bondage of self [What bondage? How is “Self” bondage? Describe the unmanageability of “Self” in your life] [Extra credit: What underlies ALL “Self”?]**

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6. **Do Thy will [What is God’s Will you should be doing?]**

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7. **Take away my difficulties [What difficulties?]**

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8. **Those I would help [Who are “Those” you would help and are you helping them? If not – why not?]**

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9. **Of Thy Power, [Describe God’s Power]**

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10. **Thy Love [Describe God’s Love]**

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11. **Thy way of Life [Describe God’s Way of Life FOR YOU!]**

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12. **May I do Thy Will always! [What is God’s Will for you that you should do ALWAYS?]**

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