The Twelve Traditions of Alcoholics Anonymous

- 1. Our common welfare should come first; personal recovery depends upon AA unity.
- 2. For our Group purpose there is but one ultimate authority a loving God as He may express himself in our Group Conscience. Our leaders are but trusted servants they do not govern.
- 3. The only requirement for AA membership is a desire to stop drinking.
- 4. Each Group should be autonomous, except in matters affecting other Groups or AA as a whole.
- 5. Each Group has but one primary purpose to carry its message to the alcoholic who still suffers.
- 6. An AA Group ought never endorse, finance or lend the AA name to any related facility or outside enterprise lest problems of money, property and prestige divert us from our primary purpose.
- 7. Every AA Group ought to be fully self-supporting, declining outside contributions.
- 8. Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.
- 9. AA, as such, ought never he organized; but we may create service boards or committees directly responsible to those they serve.
- 10. Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.