

The 23rd Channel (Taken from the 23rd Psalm)

The T.V. is my shepherd.

My spiritual growth shall want.

It maketh me to sit down and do nothing for his name's sake, because it require all my spare time.

It keepeth me from doing my duty as an AA Member, because it presenteth me so many good shows that I must see.

It restoreth my knowledge of the things of the world, and keepeth me from sharing my experience, strength and hope.

It leadeth me in paths of not attending meetings, and doing nothing in Step work and the sponsorship of my fellows.

Yea, though I live to be a hundred, I shall keep on viewing my T.V. as long as it will work, for it is my closest companion.

Its sound and its picture, they comfort me.

It presenteth entertainment before me, and keepeth me from doing important things with my family.

It fills my head with ideas which differ from those set forth in working AA's principles & keeps me focused on other people's drama.

Surely no good thing will come of my life, because my T.V. offereth me no good time to do the will of God; thus I will dwell in the place of my lower power and its negative influence forever.

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