

The How & Why of It Big Book Group in Lyndhurst NJ presents



“HOW WE HAVE RECOVERED”

A BIG BOOK 12 STEP WORKGROUP

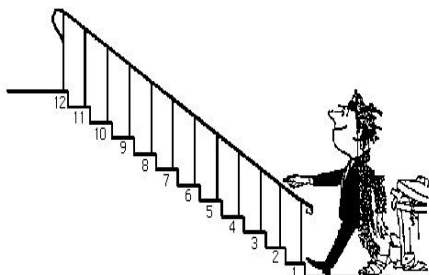
WITH BAREFOOT BILL
from West Milford NJ

*Open to anyone seeking a Spiritual Awakening!
We will be working the 12 Steps together as a group.*

Held on nine consecutive Monday nights from 7:30 – 9:00PM
at St. Michael’s Church, 624 Page Avenue, Lyndhurst, NJ 07071
(IMPORTANT: Parking lot entrance is off of Page Avenue, driveway is after the Rectory.
School basement entrance is the left side door from the parking lot.)

February 6, 2017: Step 1 (part 1 of 2)
February 13, 2017: Step 1 (part 2 of 2)
February 20, 2017: Steps 2 & 3
February 27, 2017: Step 4 (Resentments)
March 6, 2017: Step 4 (Fears & Harms) & Step 5
March 13, 2017: Steps 6 - 9
March 20, 2017: Steps 10 & 11
March 27, 2017: Step 12
April 3, 2017: Self-Examination & Meditation Workshop

You are encouraged to bring your sponsor and anyone you are sponsoring. Temporary Step sponsors will be available, if needed. We are also looking for help from anyone who has done all 12 Steps out of the Big Book and is willing to act as a temporary sponsor for those who don’t have one during these nine weeks.



Please bring your Big Book and something to write with.
Big Book Step work will be suggested each week.

For more info please call Lauren Q. at 201-401-5681 or Joe R. at 201-893-7289.