

## A DAILY REPRIEVE

There is more to the solution to our alcoholism, than just stopping drinking. Just stopping, is only the first step away from the problem, and only PART of the first step to the solution. A definition for recovering says these things will disappear when there is spiritual understanding. Now, let's read the definition of recovered. Let's take a very close look at what it means to be a recovered alcoholic.

There are eighteen points to consider. Go to the bottom of Page 84, last paragraph:

- 1) And we have ceased fighting anything or anyone — even alcohol.
- 2) For by this time sanity will have returned.
- 3) We will seldom be interested in liquor.
- 4) If tempted, we recoil from it as from a hot flame.
- 5) We react sanely and normally,
- 6) and we will find that this has happened automatically.
- 7) We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes! That is the miracle of it.
- 8) We are not fighting it, neither are we avoiding temptation.
- 9) We feel as though we had been placed in a position of neutrality — safe and protected.
- 10) We have not even sworn off.
- 11) Instead, the problem has been removed.
- 12) It does not exist for us.
- 13) We are neither cocky nor are we afraid.
- 14) That's how we react so long as we keep in fit spiritual condition.
- 15) It is easy to let up on the spiritual program of action and rest on our laurels.
- 16) We are headed for trouble if we do, for alcohol is a subtle foe.
- 17) We are not cured of alcoholism.
- 18) What we really have is a daily reprieve contingent on the maintenance of our spiritual condition.

Let me offer an analogy about the recovered alcoholic...Take the gunshot victim for example. He gets shot, goes through a period of recovery, survives the affliction, is recovered from the gunshot, BUT, is not bullet proof. Get the idea? Interesting, isn't it? This is the mind-set, attitudes and definition of the recovered alcoholic: sane, neutral, safe, protected, and in fit spiritual condition. WE ARE NOT CURED of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition.

"Back to the '40s" 12 Step Workgroup Leader Script