

12 TRADITION AFFIRMATIONS

"The Twelve Traditions ensure the unity of the Fellowship The "12 Traditions" of Alcoholics Anonymous are, we A.A.'s believe, the best answers that our experience has yet given to those ever-urgent questions, "How can A.A. best function?" and, "How can A.A. best stay whole and so survive?" Big Book Appendix I

I've found that just as applying the 12 Steps in, as the Big Book says, "A much more important demonstration of our principles lies before us in our respective homes, occupations and affairs."(BB page 19) I've found that by applying the 12 Traditions in these areas to be one of the greatest demonstrations of spiritual principles and miracles in my life! I strongly advise anyone who has worked the 12 Steps to go to the next level of their Spiritual development by applying the 12 Traditions.

Here are 12 affirmations that I try to keep in mind as the guiding spiritual principle behind each Tradition:

Tradition One Affirmation-- Let me remember that my fulfillment, love, joy and forgiveness come through my sharing and joining with others in our common welfare.

Tradition Two Affirmation- Let me remember that God, as we understand Him, is our only True Source, that we are His children, His agents, His individual expressions, and that we have come together for His purpose. Even now He is guiding and directing us.

Tradition Three Affirmation- Let me remember that out of enlightened self-interest I want and I choose to share all I can with whomever He brings.

Tradition Four Affirmation- Let me remember that the one(s) I am sharing with and myself must come to our own decisions or agreements but not at anyone else's expense.

Tradition Five Affirmation- Let me remember that as an individual God created, we all have a special message to share. Joined with those we are drawn to, the sharing of this message is our primary purpose.

Tradition Six Affirmation - Let me remember that we ought never try to share our special message with those for whom it is not intended nor endorse or give our power or prestige to a cause we have no business in, since doing so may divert us from our primary purpose.

Tradition Seven Affirmation- Let me remember that as God's agents we are able to be fully self-supporting - by His Divine Grace we can be free of outside interference. He will give us all we need to do His Will.

Tradition Eight Affirmation - Let me remember that we were freely given our special gifts so we must share them freely, not as a professional.

Tradition Nine Affirmation- Let me remember that we need to keep an open-mind for His guidance, His flow of love and wisdom, avoiding the closed-mindedness of too many rigid rules or over organization.

Tradition Ten Affirmation - Let me remember that we need to stay focused on our primary purpose, avoiding useless arguments on outside issues.

Tradition Eleven Affirmation- Let me remember that we must walk the talk. Our willingness to be His agent will attract what or whom we need to do His Will. Humility goes hand in hand with this willingness.

Tradition Twelve Affirmation- Let me remember that we need to credit the results to Him - to take off our mask and practice His Principles in all of our affairs.

by grandpatexas